



# INTERNATIONAL U18 MOUNTAIN RUNNING CUP

DONOVALY  
2025



## TEAM MANUAL

# 18. INTERNATIONAL U18 MOUNTAIN RUNNING CUP

13TH - 14TH OF JUNE 2025

DONOVALY, SLOVAKIA



**CONTENT**

- 1. **Basic Information .....2**
- 2. **Organizational Structure .....4**
- 3. **Program.....5**
- 4. **Arrivals .....6**
- 5. **Accommodation.....6**
- 6. **Meals .....7**
- 7. **Opening and Closing Ceremony.....7**
- 8. **Technical information center and technical meeting.....7**
- 9. **Acreditation .....8**
- 10. **Registration.....8**
- 11. **Transportation .....9**
- 12. **Races.....9**
- 13. **Course ..... 10**
- 14. **Entry conditions, clothing, team competition ..... 11**
- 15. **Medical services..... 12**
- 16. **Contacts ..... 13**

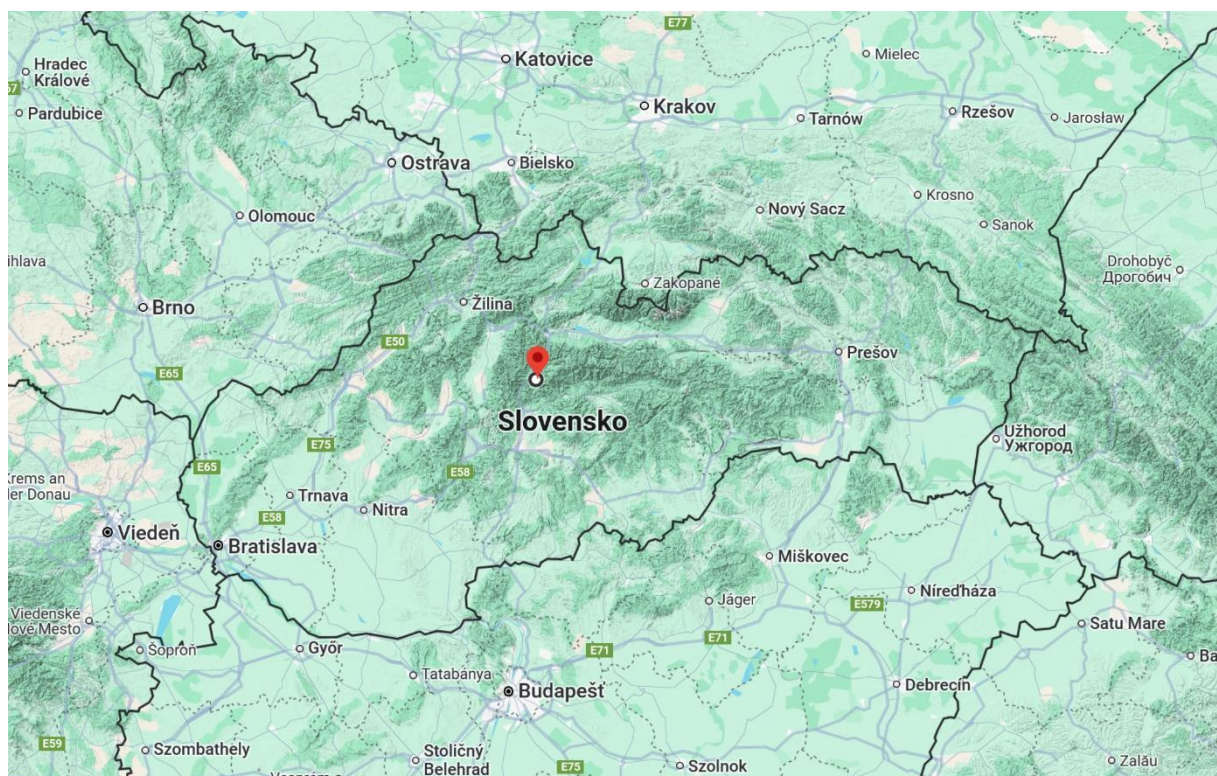
# 1. BASIC INFORMATION

The race will take place in Banská Bystrica Self-Governing Region in the village of **Donovaly**.

The mountain village of Donovaly is located north of Banská Bystrica at an altitude of 960 meters, at the intersection of Veľká Fatra and Starohorské vrchy mountain ranges. The individual settlements of the village are situated on both the northern (Liptov) and southern (Horehronie) slopes of the mountain pass. The cadastral boundary, and thus the boundary of Banská Bystrica district, runs almost through the settlement of Korytnica.

The two nearest cities, Banská Bystrica and Ružomberok, are approximately 27 km away and accessible via road I/59. The eastern part of the territory extends into Low Tatras National Park, where Štrosy Nature Reserve is also located.

- **Official language:** Slovak
- **Currency:** Euro
- **Electric voltage:** 220 V, 50 Hz
- **Telephone code:** International code for Slovakia +421



## Interesting Facts About Donovaly

### 1. **A Mountain Paradise:**

Donovaly is a picturesque mountain village located at the intersection of Veľká Fatra and Starohorské Vrchy mountain ranges, at an altitude of 960 meters. It offers breathtaking views and pristine nature, making it a popular destination for outdoor enthusiasts.

### 2. **Skiing Destination:**

Donovaly is one of Slovakia's most famous ski resorts, featuring a wide variety of slopes for all skill levels. The area also includes one of the largest children's ski parks in Central Europe – **Funpark Donovaly**.

### 3. **Hiking and Biking Trails:**

The region boasts an extensive network of marked trails for hiking and mountain biking. Trails lead through dense forests and open meadows, with stunning vistas of Low Tatras and surrounding areas.

### 4. **Unique Sights:**

Donovaly is home to **Habakuky Fairy-Tale Village**, a magical theme park inspired by Slovak folklore. It's a perfect spot for families and those who enjoy fairy-tale stories.

### 5. **Historic Korytnica Spa:**

Nearby Korytnica, known for its mineral springs, was a popular spa town in the 19th century. Although the spa is no longer operational, visitors can still enjoy the natural spring water.



## **2. ORGANIZATIONAL STRUCTURE**

### **World Athletics:**

- President: Sebastian COE (GBR)

### **WMRA Council:**

- President: Tomo SARF (SLO)
- Secretary: Nancy HOBBS (USA)
- Treasurer: Sarah ROWELL (GBR)
- Council Member: Giorgio BIANCHI (ITA)
- Council Member: John BOWDEN (NZL)
- Council Member: Sergio MAYAYO (ESP)
- Council Member: Paul SMERECIUC (ROM)
- Council Member: Marcel MATANIN (SVK)
- WMRA Delegate: Paul SMERECIUC

### **Slovak Athletics Federation (SAZ):**

- President: Peter KORČOK

### **Local Organizing Committee (LOC):**

- Director of the Organizing Committee: Peter ŠPÁNITZ
- Race Director: Boris CSIBA
- Media Coordinator: Gabriel BOGDÁNYI
- Race Coordinator: Dag BELAG
- Accommodation Coordinator: Simona MATANINOVÁ
- Transportation Coordinator: Martina ČIBOVÁ
- Opening and Closing Ceremony Coordinators: Martina ČIBOVÁ, Simona MATANINOVÁ
- Accreditation: Simona MATANINOVÁ
- Team Coordinator: Marcel MATANIN

### **3. PROGRAM**

#### **Wednesday, June 11**

- Arrival of non-European teams
- 13:30 – Lunch
- 20:00 – Dinner

#### **Thursday, June 12**

- Arrival of teams and WMRA delegates
- 13:30 – Lunch
- 20:00 – Dinner

#### **Friday, June 13**

- 10:00 – Course inspection - walking distance (approx. 15 minutes)
- 12:00 – Lunch
- 17:00 – Technical meeting (team leaders only)
- 18:00 – Opening ceremony
- 19:00 – Dinner
- 21:00–22:00 – VIP reception

#### **Saturday, June 14**

- 9:30 – Recommended departure to the race start (walking distance approx. 15 minutes)
- 9:30 – Public race
- 11:00 – U18 Cup start (girls)
- 11:45 – U18 Cup start (boys)
- 12:30 – Flower ceremony
- 14:00 – Lunch
- 18:00 – Medal ceremony and closing ceremony
- 19:00–21:30 – After party

#### **Sunday, June 15**

- Departure of participants

## **4. ARRIVALS**

### **By Air**

- International Airport Vienna (VIE)/ Bratislava (BTS)
- Meeting with a LOC delegate
- Transport from airports to the event location: approx. 4:00 hours by bus

### **By Train**

- Bratislava Railway Station
- Meeting with a LOC delegate
- Transport from the train station to the event location: approx. 3 hours by bus

### **By Car**

- Navigation directly to the village of Donovaly
- Teams arriving by car will be directed to their accommodation, where a LOC delegate will meet them

## **5. ACCOMMODATION**

### **For Teams**

- Accommodation is provided in triple, double and single rooms.
- The LOC covers the accommodation for up to:
  - 3 boys and 3 girls per team.
  - 1 team leader for teams with 3 or fewer athletes, and 2 team leaders for teams with 4 or more athletes.
- The LOC covers 3 nights (Thursday - Sunday).

For additional team members or nights, costs will be billed directly to the respective federation.  
Accommodation costs per night (including full board and taxes):

- €70 for a triple room/per night per person.
- €80 for a double room/per night per person.
- €100 for a single room/per night per person.

### **Final registration requirements:**

- All competing athletes must be included in the final entry form.



- The final invoice for accommodation will be based on the numbers provided in the final registration forms and must be paid in full, regardless of any subsequent reduction in participants.

**Payment procedure:**

- Each federation will receive an invoice detailing the amount due based on their final registration.
- Federations must pay a deposit in euros via bank transfer to the provided bank account.

## **6. MEALS**

- Breakfast will be served at each accommodation facility.
- Lunch and dinner will be organized based on the schedule and program of the event and served at each accommodation facility.
- To access lunch and dinner, participants must present visible accreditation.

## **7. OPENING AND CLOSING CEREMONY**

**Opening Ceremony:**

- Date: Friday, June 13
- Time: 18:00
- Location: Central Parking Lot, Donovaly

**Closing Ceremony and Medal Ceremony:**

- Date: Saturday, June 14
- Time: 18:00
- Location: Central Parking Lot, Donovaly

## **8. TECHNICAL INFORMATION CENTER AND TECHNICAL MEETING**

**TIC** - will be located at Information Center Donovaly  
Accreditation, race numbers, and technical information about the race

**Thursday - 12:00 - 18:00**

**Friday - 14:00 - 18:00**

**Technical Meeting** - Friday - 17:00 at Slniečko guesthouse - Donovaly



## 9. ACREDITATION

### **General Information:**

Accreditation will take place at the race office in the TIC at Information Center Donovaly. Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible.

### **Accreditation Procedure:**

Accreditation cards will be prepared in advance based on information provided by the participating federation in the final registrations. The team leader will be responsible for collecting accreditation cards for all team members upon arrival.

Team leaders must bring athletes' passports or ID cards to the accreditation center to verify the participants' age and nationality.

### **Access Areas for Teams:**

All team accreditation cards provide access to the warm-up area, lunch, changing rooms and shuttle buses. Only athletes directly participating in the competition will have access to the call room and the race course.

Separate cards will be issued to team leaders for access to information available in the race office/technical information center (TIC).

### **Loss of Accreditation:**

Any lost or damaged accreditation card should be reported to the LOC or the accreditation center.

Duplicate cards can be obtained where the identity of the person can be verified.

## 10. REGISTRATION

Registration for the International U18 Mountain Running Cup 2025 is organized by the National Federations.

- **April 15th - Preliminary Entries (PEF)**
- **June 2nd - Final Entries (FEF)**

### **Preliminary Entries**

The Preliminary Entry Forms with all requested details shall reach the LOC and WMRA Secretary not later than two months before the competition day.

### **Final Entries**

The Final Entry Forms with all requested details shall reach the LOC and WMRA Secretary no later than two Mondays before the day of competition (e.g. Monday, 2<sup>th</sup> June for competition on Saturday, 14<sup>th</sup> June)

## **11. TRANSPORTATION**

Airport pickup (Vienna/Bratislava) will be done by volunteers from the organizing committee, with a bus transport to the event location (approx. 4 hours).

Everything necessary is available at the race venue within a 15-minute walking distance.

Other transport requests must be coordinated with the Organizing Committee and will be paid for by the federation requesting the service.

## **12. RACES**

### **Saturday, June 14:**

- **9:30** - Public Race
- **11:00** - U18 Cup Start Girls
- **11:45** - U18 Cup Start Boys
- **12:30** – Flower ceremony

### **Warm-up:**

The warm-up will take place in the start area.

Athletes will place their clothes in boxes marked with the corresponding country code in the Call Room. They will later retrieve these at the finish area.

### **Call Room:**

It is the responsibility of the team leaders to ensure that their athletes are aware of the closing time for entering the Call Room.

Athletes arriving late may be excluded from participation in the event. All athletes must report to the Call Room 25 minutes before their event, but no later than 15 minutes before the start. The following checks will be conducted using equipment that must comply with WA advertising and competition regulations.

### **Starter Commands:**

All instructions will be in English. The command will be: "On your marks!" followed by a shot from the starter's pistol.

### **Refreshments:**

There will be a refreshment station at the start and finish line in the Call Room area.

In case of high temperatures, a refreshment station will also be available at approximately 2.5 km.

### **Protests and Appeals:**

Protests will be handled in accordance with WA Technical Rule 8. In the first instance, protests must be filed verbally by the athlete or responsible official acting on their behalf (Rule 8.3).

Protests regarding results or the course of the race must be submitted within 30 minutes of the official announcement of the results (protests in the finish area). Any written appeals to the

appeal jury must be signed by the responsible official on behalf of the athlete and submitted in the finish area within 30 minutes of the referee's decision.

A deposit of €100 must be paid when submitting the appeal form. If the appeal is unsuccessful, the deposit will not be refunded. The jury's decision will be announced in writing at the TIC.

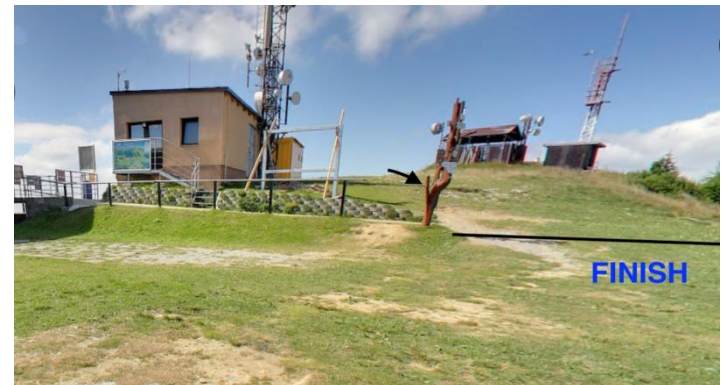
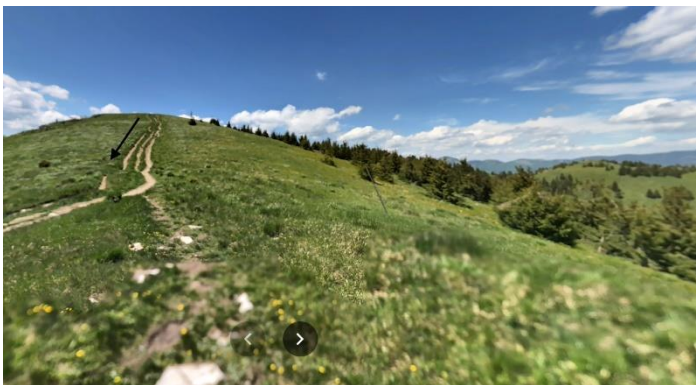
### 13. COURSE

The course runs mainly through forest terrain and meadows along marked hiking trails. Is **5.8 km long**, with a total **elevation gain of 513 meters**. The starting point is located at a parking lot Park Snow Donovaly about a 15-minute walk from the accommodation. From this parking lot, a cable car operates to Nová Hoľa, where the finish line is situated.

Athletes' checked luggage will be transported from the start to the finish area, where it will be available for pickup. After the race, participants will be taken back to the start by cable car, or by minibus in case of unfavorable weather conditions.

You can download .gpx file from the web.





## 14. ENTRY CONDITIONS, CLOTHING, TEAM COMPETITION

### Competition

Each member of WMRA may register one (1) team per event. A team can consist of 4 (four) athletes, of which the 3 best scores will count. The federation may register a maximum of 5 boys and 5 girls (including one reserve).

Only the host country may have two teams.

The competition is limited to athletes born in 2008 and 2009. Athletes who will not have reached the age of 16 or more than 17 by December 31, 2025, may not compete.

Although the WMRA International Under 18 Mountain Running Cup is primarily a team competition, individual entries may also be accepted.

### Final Confirmation

Team leaders or their representatives must confirm the names of athletes already registered who will actually participate in the competition. Final confirmation forms will be distributed to each delegation during accreditation. These forms must be filled out and returned immediately or by no later than 15:00 on Friday, June 13, 2025.

Final start lists will be prepared for collection along with bib numbers after the technical meeting.

### **Scoring**

Each race will be scored individually. A team's score will be determined by the sum of the placements of its 3 (three) athletes. Teams will be ranked according to their score, with the team having the lowest score in each race being the winner, etc. Ties will be decided in favor of the team whose last scoring athlete finishes closest to first place.

A team with fewer than 3 (three) finishing athletes will not be counted in the team classification. As for team members who do not score, or athletes competing as individuals, no adjustments to team placements will be made.

### **Race Numbers**

Each competitor will receive 3 race numbers two for the runners (1 with the chip) and one for the bag. The numbers must be worn in accordance with WA Technical Rule 5.7. Race numbers must not be cut, folded, or obscured in any way. Race numbers will be distributed immediately after the Technical Meeting.

### **Measuring**

Time will be measured by chip attached on race number.

### **Competition Clothing**

Athletes must wear official federation team clothing. WA Rules 5.1 and 5.7 will be strictly enforced. Make sure to comply with the latest version of the WA advertising rules in effect at the time of the event. Clothing and items not in accordance with this rule and the current WA advertising regulations will be removed or taped in the Call Room. Team clothing must be uniform. Athletes wearing non-compliant clothing will not have access to the competition area and will not be allowed to compete. This rule applies to both competition clothing (vest, shorts, tights) and tracksuits.

## **15. MEDICAL SERVICES**

The LOC will provide medical assistance to teams during the competition, as well as to spectators. A medical tent with first aid staff will operate near the finish line.

For all other situations, it is advisable to have accident insurance and/or medical assistance.

Doping controls may be conducted in accordance with WA regulations under the supervision of a WMRA delegate.

## **16. CONTACTS**

**Marcel Matanin** - ahoj@bamm.sk

**WEB:** <https://www.bamm.sk/18th-international-u18-mountain-running-cup-2025-slovakia>